

AUTUMN 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	'MIX IT UP' MEZZE MONDAYS	GO NOODLES FOR TUESDAYS	it's a Wrap Wednesday	CURRY CLUB	FISHIN' FRIDAYS
MEAT	CLASSIC BEEF LASAGNE with seasonal greens & garlic ciabatta bread	CHINESE CHICKEN OR TERIYAKI SALMON with stir fty veg rice or stir fry veg noodles	BEEF BURRITOS with flavour-infused dips	CHICKEN KORMA with basmati rice, veg, naan & mango chutney	HOT DOG with fries, garden peas <u>or</u> baked beans
VEGGIE	ROASTED VEG LASAGNE with seasonal greens & garlic ciabatta bread	VEGETABLE SPRING ROLLS with stir fty veg rice or stir fry veg noodles	LOADED PEPPERS with tomato salsa dip, & spicy wedges	VEGGIE GREEN THAI CURRY with basmati rice, veg, naan & mango chutney	
VEGAN					FALAFEL BURGER in a brioche bun with fries, garden peas <u>or</u> baked beans
PASTA	NUT-FREE PESTO V	MAC 'N' CHEESE V	MACARONI BAKE V	TOMATO & BASIL V	PASTA OF THE DAY
JACKET	JACKET POTATO try our new fillings with v and ve available	JACKET POTATO try our new fillings with v and ve available	JACKET POTATO try our new fillings with v and ve available	JACKET POTATO try our new fillings with v and ve available	JACKET POTATO try our new fillings with v and ve available
DESSERT	CHERRY CRUMBLE TART served with custard COLD SELECTION	LEMON DRIZZLE CAKE served with custard COLD SELECTION	SEASONAL FRUIT PIE served with custard COLD SELECTION	VANILLA CAKE with toffee sauce COLD SELECTION	ASSORTED COLD DESSERTS

AVAILABLE DAILY:

HOMEMADE BREAD, TAP WATER, SEASONAL VEGETABLES, CRUNCHY FRESH SALAD AND CHOICE OF YOGHURT











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