

# AUTUMN 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>'MIX IT UP' MEZZE MONDAYS</b>	<b>GO NOODLES FOR TUESDAYS</b>	<b>IT'S A WRAP WEDNESDAY</b>	<b>CURRY CLUB</b>	<b>FISHIN' FRIDAYS</b>
<b>MEAT</b>	<b>PENNE BEEF BOLOGNESE</b> with seasonal greens & garlic ciabatta bread	<b>PERI PERI CHICKEN</b> with Moroccan couscous & seasonal veg	<b>MINCED BEEF &amp; ONION PIE</b> with seasonal veg & herby potatoes	<b>CHICKEN JALFREZI</b> with steamed rice, sweetcorn & naan bread	<b>CHICKEN NUGGETS</b> with chunky chips, mushy peas <u>or</u> baked beans
<b>VEGGIE</b>	<b>SPINACH &amp; RICOTTA RAVIOLI</b> with seasonal greens & garlic ciabatta bread	<b>SPANISH OMELETTE</b> with mixed salad & seasonal veg			
<b>VEGAN</b>			<b>VEGETABLE PIE</b> with seasonal veg & herby potatoes	<b>MANGALORE MALABAR</b> with steamed rice, sweetcorn & naan bread	<b>VEGAN CHIA NUGGETS</b> with chunky chips, mushy peas <u>or</u> baked beans
<b>PASTA</b>	<b>TOMATO &amp; BASIL v</b>	<b>NUT-FREE PESTO v</b>	<b>NAPOLITANA PASTA v</b>	<b>ARRABIATA PASTA v</b>	<b>PASTA OF THE DAY</b>
<b>JACKET</b>	<b>JACKET POTATO</b> try our new fillings with <b>v</b> and <b>ve</b> available	<b>JACKET POTATO</b> try our new fillings with <b>v</b> and <b>ve</b> available	<b>JACKET POTATO</b> try our new fillings with <b>v</b> and <b>ve</b> available	<b>JACKET POTATO</b> try our new fillings with <b>v</b> and <b>ve</b> available	<b>JACKET POTATO</b> try our new fillings with <b>v</b> and <b>ve</b> available
<b>DESSERT</b>	<b>EVE'S PUDDING</b> 🍏 served with custard <b>COLD SELECTION</b>	<b>FRUIT CRUMBLE</b> 🍏 served with custard <b>COLD SELECTION</b>	<b>CHOCOLATE BROWNIE</b> with chocolate sauce <b>COLD SELECTION</b>	<b>CINNAMON COOKIES</b> <b>COLD SELECTION</b>	<b>ASSORTED COLD DESSERTS</b>

AVAILABLE DAILY:

HOMEMADE BREAD, TAP WATER, SEASONAL VEGETABLES, CRUNCHY FRESH SALAD AND CHOICE OF YOGHURT



AVAILABLE EVERY DAY  
ALLERGY? SPEAK TO US!



AUTUMN MENU  
WEEK 2